

Recreational Classes by Age

***All levels & experience welcome**

2-4 Year Old Classes:

Intro Hip Hop/Creative Movement: Mondays 4:30p-5:20p

Tap & Ballet Combo: Wednesdays 6p-6:50p

4-6 Year Old Classes:

Tap & Ballet Combo: Tuesdays 5:30p-6:20p

5-9 Year Old Classes:

Tap & Jazz Combo: Wednesdays 5p-5:50p

Hip Hop: Tuesdays 6:30p-7:20p

9-12 Year Old Classes

Tap & Jazz Combo: Mondays 7p-7:50p

Lyrical/Contemporary: Mondays 8p-8:50p

Hip Hop: Wednesdays 7p-7:50p

Acro: Thursdays 5:30-6:20p

13-19 Year Old Classes

Lyrical/Contemp/Jazz: Mondays 8:30p-9:20p

Hip Hop: Thursdays 6:30p-7:20p

Adult Classes

Jazz: Mondays 6p-6:50p

Hip Hop: Mondays 6p-6:50p

Ballet: Wednesdays 8p-8:50p

Tap: Wednesdays 8p-8:50p






SPECIALTY CLASSES

**Intermediate/Advanced Ballet (ages 7 and up)
Tuesdays 6p-6:50p**

**Advanced Ballet (Ages 10 and up)
Wednesdays 5p-5:50p**

**Pointe (Prior approval needed)
Wednesdays 6p-6:50p**

**We also offer Competition and Company classes
Please see website for more information!**





EXPRESSIONS DANCE ACADEMY

GRAND RAPIDS, MI

Recreational Classes will be moving to a semester based format. With so many seasonal sports and activities going on, we know that it is getting harder to commit for an entire nine months. Here at EDA, we want to encourage anyone to dance, even if you don't have nine months for classes. Moving to semester long classes will allow more flexibility for our recreational dancers.

Fall/Winter Semester runs from Sept 8th, 2025 to Jan 8th, 2025 with a winter showcase on Jan 11th, 2025.

Winter/Spring Semester runs from Feb 2nd, 2026 to June 1st, 2026 with a spring recital on June 6th, 2026.

Please note that recreation classes are 50 minutes long, so they either end at the :50 or the :20.

Registration opens August 1st, 2025 - Classes will start Monday September 8th, 2025 (with the exception of Aspire).

Recreational Class	Open for all ages, levels and experience
Competition Class	Must have tried out for our competition team
Aspire Company Class	Must have applied & been accepted into this program
Closed Classes	Must have enrolled and been assigned a time

MONDAYS

ROOM 1 (NS)	ROOM 2 (SS)
4:00 - 4:30pm	Gia Solo (Jillian)
4:30 - 5:00pm	2-4 Year Old Intro to Hip Hop / Creative Movement (Jillian)
5:00 - 5:30pm	
5:30 - 6:00pm	Kylen Solo (Erin)
6:00 - 6:30pm	Miss Jillian Small Group
6:30 - 7:00pm	Adult Jazz & Hip Hop (alternating each week) (Jillian)
7:00 - 7:30pm	Mini Tap/Jazz (Jen)
7:30 - 8:00pm	9-12 Year Old Tap & Jazz Combo (Jen)
8:00 - 8:30pm	9-12 Year Old Lyrical/Contemporary (Jen)
8:30 - 9:00pm	
9:00 - 9:30pm	13-19 Year Old Jazz & Lyrical/Contemporary (Laura)
9:30 - 10:00pm	Sam Solo (Brenna)
	Kennedy Solo (Brenna)

TUESDAYS

ROOM 1 (NS)	ROOM 2 (SS)
4:00 - 4:30pm	Melody Solo (Kelly)
4:30 - 5:00pm	Eli/Melody Duo (Kelly)
5:00 - 5:30pm	Miss Erin Small Group
5:30 - 6:00pm	Jos/Liz Duo (Erin)
6:00 - 6:30pm	4-6 Year Old Tap & Ballet Combo (Erin)
6:30 - 7:00pm	5-9 Year Old Hip Hop (Izzy)
7:00 - 7:30pm	
7:30 - 8:00pm	Technique - required for Regionals Jazz & Contemporary (Erin)
8:00 - 8:30pm	Junior Jazz (Erin)
8:30 - 9:00pm	Teen/Senior Contemporary (Erin)
9:00 - 9:30pm	Teen/Senior Jazz (Kelly)
9:30 - 10:00pm	Junior Contemporary (Kelly)
	Maggie Solo (Kelly)
	Lydia Solo (Erin)
	Adult Regionals Class (Kelly)
	Caitlyn Solo (Kelly)
	Kylen (Erin)

WEDNESDAYS

ROOM 1 (NS)	ROOM 2 (SS)
3:30 - 4:00pm	Annika Solo (Brenna/Mak)
4:00 - 4:30pm	Aspire Jazz Foundations* (Brenna)
4:30 - 5:00pm	Hayley & Violet Duo (Erin)
5:00 - 5:30pm	Aspire Leaps and Turns* (Brenna/Anna)
5:30 - 6:00pm	Violet Solo (Erin/Kelsey)
6:00 - 6:30pm	Aspire Ballet* (Kelsey)
6:30 - 7:00pm	5-9 Year Old Tap & Jazz Combo (Erin)
7:00 - 7:30pm	Pointe (Kelsey)
7:30 - 8:00pm	2-4 Year Old Tap & Ballet Combo (Morgan)
8:00 - 8:30pm	Kylen & Lydia Duo (Erin)
8:30 - 9:00pm	9-12 Hip Hop (Morgan & T.A. Kayleigh)
9:00 - 9:30pm	Regionals Tap (Junior & up) (Anna)
9:30 - 10:00pm	Adult Tap & Ballet (alternating each week) (Anna/Kelly)
	Miss Mak Small Group
	Kayleigh/Sera Solo (alternating) (Erin/Kelly)
	Morgan L. (Kelly/Erin)
	Morgan K. Solo (Kelly)

* The Wednesday Aspire Classes are offered as drop ins for other dancers to attend*

THURSDAYS

ROOM 1 (NS)	ROOM 2 (SS)
3:30 - 4:00pm	Angelica Solo (Brenna)
4:00 - 4:30pm	Aspire Tap (Anna)
4:30 - 5:00pm	Luna M. Solo (Kelly)
5:00 - 5:30pm	Aspire Open/Fusion (Brenna)
5:30 - 6:00pm	Aaliyah Solo (Anna/Kelly)
6:00 - 6:30pm	Aspire Contemporary (Brenna/Anna)
6:30 - 7:00pm	Christina & Lydia Duo (Anna)
7:00 - 7:30pm	Aspire Jazz (Brenna)
7:30 - 8:00pm	9-12 Year Old Acro (Anna)
8:00 - 8:30pm	Technique for Acro, Musical Theater, Teen/Senior Hip Hop & Pom (Kelly/Brenna/Anna)
8:30 - 9:00pm	13-19 Year Old Hip Hop (Brenna)
9:00 - 9:30pm	Regionals Acro (Mini - Senior) (Anna)
9:30 - 10:00pm	Regionals Musical Theater (Junior & up) (Kelly)
	Luna & Kayleigh Duo (Kelly)
	Annika & Kayleigh Duo (Brenna)
	Regionals Teen/Senior Hip Hop (Brenna)
	Ariella & Kennedy Duo (Anna)
	Regionals Teen/Senior Pom (Anna)
	Ariella Solo (Brenna)
	Kayleigh/Sera Solo (alternating) (Brenna)