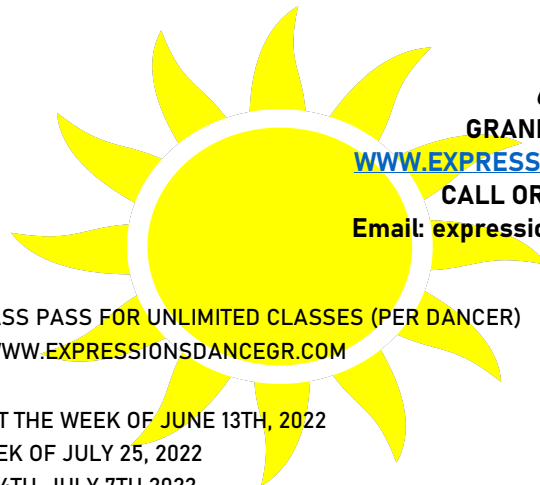


Summer Schedule 2022



**6710 DIVISION AVE S
GRAND RAPIDS, MI 49548**
WWW.EXPRESSIONSDANCEGR.COM
CALL OR TEXT: 616-261-8005
Email: expressions_dnc@yahoo.com

PRICING: \$10 PER CLASS, OR \$75 SUMMER CLASS PASS FOR UNLIMITED CLASSES (PER DANCER)
REGISTRATION WILL OPEN APRIL 15, 2022 AT WWW.EXPRESSIONSDANCEGR.COM

RECREATIONAL SUMMER CLASSES WILL START THE WEEK OF JUNE 13TH, 2022
THE LAST WEEK OF CLASSES WILL BE THE WEEK OF JULY 25, 2022
THERE WILL BE NO CLASS THE WEEK OF JULY 4TH-JULY 7TH 2022

MONDAY	ROOM 1	ROOM 2 (MISS JEN)
6:00PM - 6:50PM		3-6 YEAR OLD TAP/BALLET COMBO
7:00PM - 7:50PM		6-10 YEAR OLD TAP/BALLET COMBO
8:00PM - 8:50PM		9-13 YEAR OLD JAZZ
TUESDAY	ROOM 1	ROOM 2 (MISS ZOE)
5:30PM - 6:20PM		11 YEARS AND UP BALLET/LYRICAL
8:00PM - 9:00PM		COMPETITION TEAM BALLET ***
9:00PM - 9:30PM		POINTE ***
WEDNESDAY	ROOM 1 (MISS ANNA)	ROOM 2 (MISS ERIN)
5:00PM - 5:50PM	3-6 YEAR OLD ACRO	5-9 YEAR OLD JAZZ
6:00PM - 6:50PM	ADVANCED TRICKS FOR HH & CONT ***	6-10 YEAR OLD BALLET/LYRICAL
7:00PM - 7:50PM	7-10 YEAR OLD ACRO	13 YEARS AND UP JAZZ
THURSDAY	ROOM 2 (MISS ANNA)	ROOM 1 (MISS BRENNIA)
5:00PM - 5:50PM	11 YEARS AND UP ACRO	9-12 YEAR OLD HIP HOP
6:00PM - 6:50PM	13 AND UP ADVANCED TAP	5-9 YEAR OLD HIP HOP
7:00PM - 7:50PM	ADULT DANCE CLASS (SEE DESC. BELOW)	13 YEARS AND UP HIP HOP

***COMPETITION TEAM BALLET, POINTE, AND ADVANCED TRICKS FOR HIP HOP AND CONTEMPORARY
ARE FREE OF CHARGE FOR COMPETITION TEAM DANCE MEMBERS

ADULT CLASS: THE ADULT CLASS WILL BE A MIXTURE OF JAZZ, BALLET, HIP HOP, AND LYRICAL STYLES ALL ALL ROLLED INTO ONE. NO SHOES ARE NECESSARY BUT TURNERS OR BALLET SLIPPERS ARE RECOMMENDED

COMBO CLASSES: TAP/BALLET COMBO CLASSES WILL HAVE HALF THE TIME DEDICATED TO TAP, AND HALF THE TIME DEDICATED TO BALLET. DANCERS SHOULD HAVE TAP SHOES AND BALLET SLIPPERS

BALLET/LYRICAL COMBO CLASSES WILL BE A MIXTURE OF BOTH BALLET AND LYRICAL THE ENTIRE CLASS PERIOD. DANCERS SHOULD HAVE EITHER BALLET SLIPPERS, TURNERS, OR JAZZ SHOES

ADVANCED TRICKS: THE ADVANCED TRICKS FOR HIP HOP AND CONTEMPORARY WILL FEATURE SKILLS THAT ARE BECOMING MORE COMMON IN THOSE DANCE STYLES SUCH AS KIP UPS, HEADSPRINGS, AND OTHER INVERSIONS AND THEIR VARIATIONS

ACRO: ACRO STARTS WITH BASICS LIKE SOMERSAULTS, CARTWHEELS, HANDSTANDS, AND BRIDGES, AND MOVES UP TO HANDSTAND FRONT ROLLS, FRONT LIMBERS, FRONT AND BACK WALKOVERS, AND EVEN UP TO THE HARDER SKILLS LIKE AERIALS AND BACKHANDSPRINGS IF THE DANCER IS READY.